

WHAT DO YOU KNOW?

Colorado Kids: May 18, 2010

1. According to the "Go, Slow, Whoa Program," how should you treat bagels?

- s. Eat as many as you like.
- t. Eat only two or three foods like that a day.
- u. Eat only one food like that a day.
- v. Avoid eating them at all.

2. Which river flows through the Grand Canyon?

- o. The Missouri
- p. The Colorado
- q. The Canyon
- r. The Rio Grande

3. Which author did young voters name their favorite in the Children's Choice Book Awards?

- a. James Patterson
- b. JR Rowling
- c. Suzanne Collins
- d. Paulette Bogan

4. Which of the following is NOT one of the activities recommended in Ian Murrin's column?

- r. Taking a hike.
- s. Swimming.
- t. Rollerblading
- u. Watching a professional sport.

5. What is one of the recommendations of the Childhood Obesity Task Force?

- i. Require all students to play a sport in school.
- j. Maintain careful records of what children eat each day.
- k. Add an hour to the school day to allow for extra gym classes.
- l. Give parents better information on how to make healthy choices for their kids.

6. How many Supreme Court justices were judges before becoming part of the Court?

- c. All of them so far.
- d. All but six.
- e. About two-thirds.
- f. About half.

Fill in the letters to the correct answers above to solve this question:

Both major tributaries of this important Nebraska river begin in Colorado. What is that river!

The _____
2 5 3 1 4 6

What do you think?

The article about the First Lady's work to reduce childhood obesity mentions several recommendations of the task force. Pick one you agree with and write a paragraph about why you think it's important.

Proofreading:

Look carefully at each underlined word or phrase. If there is a mistake, make the correction in the space above it. If there is no mistake, write "OK" above the underlined word or phrase.

The Grand Canyon is made up of hundreds of layers. Each are a different color and in the soft morning light, the peaks and valleys seem to sparkle. However there is much more to the Grand Canyon experience than just the sites.

Summarize the story:

Use three sentences to tell about the Supreme Court and how justices are chosen.

1.

2.

3.

Behind the story

The story on the "Go, Slow, Whoa Healthy Eating Program" mentions certain specific foods and tells which of the three categories each belongs in. Below are some foods not mentioned in the story.

Using what you can learn from the story, tell which category each food belongs in.

We've done the first one for you.

Food item	Go, Slow or Whoa?
<i>Whopper with cheese</i>	<i>Whoa</i>
<i>Carrot sticks</i>	
<i>Corn muffin</i>	
<i>Hot fudge sundae</i>	
<i>Watermelon</i>	

